

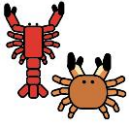

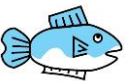
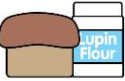






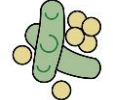





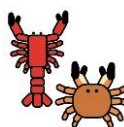
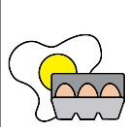

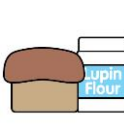



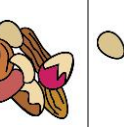
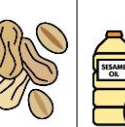
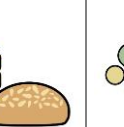
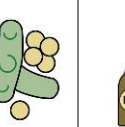
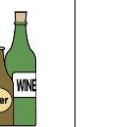
## DISHES AND THEIR ALLERGEN CONTENT – AL Crepes & Cafe (v12 Menu 2022)

Dishes														
Sweet Crepes	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sugar 405kcal		✓		✓			✓							
Lemon & Sugar 419kcal		✓		✓			✓							
Nutella 598kcal		✓		✓			✓			✓			✓	
Stewart & Arnold Chocolate (Milk 557kcal/White 571kcal)		✓		✓			✓							
Nutella & Toffee 602kcal		✓		✓			✓			✓			✓	
Banana & Toffee 428kcal		✓		✓			✓							
Nutella & Banana 703kcal		✓		✓			✓			✓			✓	
Banana, Rum & Raisins 467kcal		✓		✓			✓			✓*	✓*	✓*	✓*	✓*
Kinder Bueno (Milk 840kcal/White 818kcal)		✓		✓			✓			✓			✓	

✓\* = May also contain




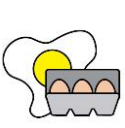
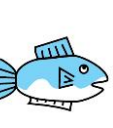
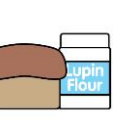


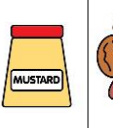
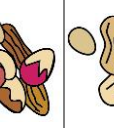
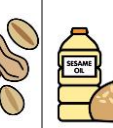
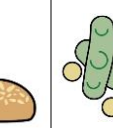
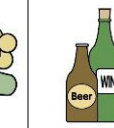

Review date: 31/10/2022

Reviewed by: Adrian & Liliana

Dishes														
Savoury Crepes	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cheese & Spinach 605kcal		✓		✓			✓							
Ham & Cheese 705kcal		✓		✓			✓							
Pepperoni & Cheese 704kcal		✓		✓			✓							
Ham, Pepperoni & Cheese 755kcal		✓		✓			✓							
Chicken & Cheese, Pesto, Spinach 701kcal		✓		✓			✓			✓	✓*			
✓* = May also contain														

Review date: 31/10/2022

Reviewed by: Adrian & Liliana

Dishes														
Add Toppings	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pesto				✓			✓			✓	✓*			
Spinach														
Marshmallows														
Lotus Biscoff Crumbs		✓											✓	
Toffee Sauce							✓							
Raisins		✓*					✓*			✓*	✓*	✓*	✓*	✓*
Pepperoni														
Ham														
Roasted Chicken Breast														
✓* = May also contain														

Review date:

31/10/2022

Reviewed by: Adrian & Liliana